A selection of Supplications

From Al-Qur'an and Authentic Hadith



"When My servants ask you about Me, I am always near. I answer their prayers when they pray to Me. The people shall respond to Me and believe in Me, in order to be guided". (Al-Qur'an 2:186)

FOREWORD

In the name of Allah, the Beneficent, the Merciful

All praise is due to Allah (SWT), the Almighty. We all praise Him, seek His Help, and ask His Forgiveness. We seek refuge with Him from the evil of our souls, and from our sinful deeds. He whom Allah (SWT) guides, no one can misguide him, and whoever Allah (SWT) misguides, no one can guide him. I bear witness that there is no deity worthy of worship but Allah (SWT), and I bear witness that Muhammad (pbuh) is truly His servant and Messenger.

This FREE booklet was produced with the humble intention of 'Sadaqah Jaariah' (continuous charity).

Please take part in this noble work by giving feedback on the booklet and whether or not it benefited you. If you have any suggestions as to how to improve this booklet or come across any faults/ corrections (grammatical or other) please e-mail the team at <code>islamic_knowledge@hotmail.com</code> so the necessary steps can be taken to improve the publication.

If you require FREE copies of this booklet, then please e-mail **islamic_knowledge@hotmail.com** with your full address (please include name of country) and the required number of booklets will be forwarded to you, Insh'Allah.

Please let us know if you would like a FREE copy of our other publication <u>"How to make the most of RAMADAN".</u>

PLEASE DO NOT DESTROY THIS BOOKLET, rather, please pass onto others who can benefit from it.

We pray to Allah (SWT) for guidance and help. Surely, He is over all things Powerful. May Allah (SWT) accept our effort and put it on our scale of good deeds on the Day of Resurrection to outweigh the evil deeds. Aameen.

ISLAMIC_KNOWLEDGE TEAM

DUA (SUPPLICATION)

Dua (supplication) in Islam is one of the most beautiful and profound aspects of worship. It is a direct channel to communicate personally with your Creator, Who is ever Present, and ever ready to Respond.

THE MERIT OF MAKING DU'A

"Then do remember Me; I will remember you. Be grateful to Me, and reject not Faith".

(Qur'aan: 2:152)

"Those who believe & whose hearts find satisfaction in remembrance of Allah for without doubt in remembrance of Allah do hearts find satisfaction". (Qur'aan: 13:28)

The Prophet (pbuh) said that Allah, the Exalted and Glorious, thus stated: "I am near to the thought of My servant as he thinks about Me, and I am with him as he remembers Me. And if he remembers Me in his heart, I also remember him in My Heart, and if he remembers Me in assembly I remember him in assembly, better than his (remembrance), and if he draws near Me by the span of a palm, I draw near him by the cubit, and if he draws near Me by the cubit I draw near him by the space (covered by) two hands. And if he walks towards Me, I rush towards him".

(Muslim, Book 035, Number 6471)

BEST TIMES TO MAKE DUA

There are certain times Dua is more likely to be accepted by Allah (SWT) as mentioned by Prophet (pbuh). Some of these times are as follows:

1. THE LAST THIRD OF THE NIGHT

The Prophet (pbuh) said: "When it is the last third of the night, our Allah (SWT), the Blessed, the Superior, descends every night to the heaven of the world and says, 'Is there anyone who invokes Me (demand anything from Me), that I may respond to his invocation; Is there anyone who asks Me for something that I may give (it to) him; Is there anyone who asks My forgiveness that I may forgive him?" (Bukhari, Volume 8, Book 75, Number 333)

2. AN HOUR ON FRIDAY

The Prophet (pbuh) said, "On Friday there is a particular time. If a Muslim happens to be praying and invoking Allah for something good during that time, Allah will surely fulfill his request." The Prophet (pbuh) pointed out with his hand. We thought that he wanted to illustrate how short that time was.

(Bukhari, Volume 8, Book 75, Number 409)

The Prophet (pbuh) said: "Seek the time in which hope is placed on Friday from after the afternoon prayer till sunset."

(Al-Tirmidhi Hadith 1360)

3. THE NIGHT OF 'QADR' (DECREE)

This night in Ramadan is the greatest night of the year. The Almighty Allah (SWT) said about it, "The night of Al-Qadar (Decree) is better than a thousand months." (Qur'aan 97:3)

4. THE DUA OF A MUSLIM FOR HIS MUSLIM BROTHER OR SISTER

The Prophet (pbuh) said "He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying dua to his Lord) says: Ameen, and it is for you also".

(Muslim. Book 035, Number 6589)

Page 1

5. DUA DURING THE MONTH OF RAMADAN

The Prophet (SAW) said, "When the month of Ramadan comes, the gates of mercy are opened, and gates of Hell are locked and devils are chained". (Muslim Book 6, No. 2361)

6. A TRAVELLER'S AND A PARENT'S DUA

The Prophet (SAW) said, three duas are answered, there being no doubt about them; that of a father, that of a traveller and that of one who has been wronged.

(Abu Dawud Book 8, Number 1531)

GLORIFICATION OF ALLAH



Quli allahumma malika almulki tutee almulka man tashao watanziAAu almulka mimman tashao watuAAizzu man tashao watuthillu man tashao biyadika alkhayru innaka AAala kulli shayin qadeerun

Say: "O Allah! Possessor of the kingdom, You give the kingdom to whom You will, and you Take the kingdom from whom You will, and You endue with honour whom You will, and You humiliate whom You will. In Your hand is all good. Verily, You are able to do all things". (Qur'aan: 3:26)

Prophet Muhammad (SAW) was instructed to make this dua. This verse refers to the situation of the Israelites. They had the kingdom, and Allah took it away. Israilites, who were a living nation, are turned into a spiritually dead community. Arabs, who were spiritually at the abyss, are now bustling with life with the message of Islam brought by the Prophet (pbuh). Allah (SWT) made them spiritually dead, politically and financially bankrupt, just because these people went away from Truth.

"O Allah, none can bring goodness except You and none can remove evil except You; and there is no power and strength except with Your help". (Abu Dawud, Book 29, No. 3909)

Huwa Allahu allathee la ilaha illa huwa almaliku alquddoosu alssalamu almuminu almuhayminu alAAazeezu aljabbaru almutakabbiru subhana Allahi AAamma yushrikoona

"Allah is He, than Whom there is no other god- the Sovereign, the Holy One, the Source of Peace (and Perfection), the Guardian of Faith, the Preserver of Safety, the Exalted in Might, the Irresistible, the Supreme: Glory to Allah. (High is He) above the partners they attribute to Him". (Qur'aan: 59:23)

THANKING ALLAH

Waith taaththana rabbukum lain shakartum laazeedannakum walain kafartum inna AAathabee lashadeedun

And remember! Your Lord caused to be declared (publicly): "If you are grateful, I will add more (favours) unto you, But if you show ingratitude, truly My punishment is terrible indeed."

(Qur'aan 14:7)

Hatha min fadli rabbee liyabluwanee aashkuru am akfuru waman shakara fainnama yashkuru linafsihi waman kafara fainna rabbee ghaniyyun kareemun

"This is by the Grace of my Lord! To test me whether I am grateful or ungrateful! And if any is grateful, truly his gratitude is (a gain) for his own soul, but if any is ungrateful, truly my Lord is Free of all Needs, Supreme in Honour!" (Qur'aan: 27:40)

Alhamdu lillahi allathee hadana lihatha wama kunna linahtadiya lawla an hadana Allah "Praise be to Allah, who has guided us to this (felicity), never could we have found quidance, had it not been for the quidance of Allah."

(Qur'aan: 7:43)

Rabbi awziAAnee an ashkura niAAmataka allatee anAAamta AAalayya waAAala walidayya waan aAAmala salihan tardahu waadkhilnee birahmatika fee AAibadika alssaliheena

"O my Lord! So order me that I may be grateful for Your favours, which you have bestowed on me and on my parents, and that I may work the righteousness that will please You: And admit me, by Your Grace, to the ranks of Your righteous Servants." (Qur'aan: 27:19)

Page 3

TRUST IN ALLAH

Innee tawakkaltu AAala Allahi rabbee warabbikum ma min dabbatin illa huwa akhithun binasivatiha inna rabbee AAala siratin mustageemin

"I put my trust in Allah, My Lord and your Lord! There is not a moving creature, but He has grasp of its fore-lock. Verily, it is my Lord that is on a straight Path".

(Qur'aan: 11:56)

Qul huwa alrrahmanu amanna bihi waAAalayhi tawakkalna fasataAAlamoona man huwa fee dalalin mubeenin

Say: "He is (Allah) Most Gracious, We have believed in Him, and on Him have we put our trust. So, soon will you know which (of us) it is that is in manifest error." (Qur'aan:67:29)

Faqaloo AAala Allahi tawakkalna rabbana la tajAAalna fitnatan lilqawmi alththalimeena Wanajjina birahmatika mina alqawmi alkafireena

They said: "In Allah do we put our trust. Our Lord! Make us not a trial for those who practise oppression. And save us by Your Mercy from those who disbelieve."

(Qur'aan: 10:85-86)

(441 4411. 10:00 00)

Bismillaahi, tawakkaltu 'alallaahi, wa laa hawla wa laa quwwata ilaa billaah.

"In the name of Allah, I trust in Allah; there is no might and no power but in Allah."

(Abu Dawud. Book 41. Number 5076)

The Prophet (SAW) said, "say Laa hawla wa laa quwwata illa billah, for it is one of the treasures of Paradise." (Bukhari, Volume 8, Book 75, Number 393)

DEPENDANCE ON ALLAH

Innee wajjahtu wajhiya lillathee fatara alssamawati waalarda haneefan wama ana mina almushrikeena

"For me, I have set my face, firmly and truly, towards Him Who created the heavens and the earth, and never shall I give partners to Allah." (Qur'aan: 6:79)

Quli allahumma fatira alssamawati waalardi AAalima alghaybi waalshshahadati anta tahkumu bayna AAibadika fee ma kanoo feehi yakhtalifoona

Say: "O Allah. Creator of the heavens and the earth! Knower of all that is hidden and open! It is You that will judge between Your Servants in those matters about which they have differed." (Qur'aan: 39:46)

BLESSINGS ON PROPHET MUHAMMED (SAW)

٥٧- «اللَّهُمَّ رَبُّ هٰذِهِ الدَّعْوَةِ التَّامَّةِ، وَالصَّلَاةِ الْقَائِمَةِ، آتِ مُحَمَّدًا الْوَسِيلَةَ وَالْفَضِيلَةَ، وَابْعَثْهُ مَقَامًا مَحْمُودًا الَّذِي وَعَدْتَهُ، [إنَّكَ لَا تُخْلفُ المنعَادَ]».

Allahumma Rabba hadhihi-d-da' watit-tammati was-salatil qa'imati, ati Muhammadan alwasilata wal-fadilata, wab' athhu magaman mahmudan-il-ladhi wa' adtahu (innaka laa tukhliful-mee'aad).

"Oh Allah, Lord of this perfect call and established prayer. Grant Muhammad the intercession and favor, and raise him to the honored station You have promised him, (verily You do not neglect promises)".

The Prophet (SAW) said: "He who blesses me once, Allah (SWT) would bless him ten times." (Muslim, Book 004, Number 0808)

(Bukhari, Volume 1, Book 11, Number 588)

٥٣- «اللَّهُمَّ صَلِّ عَلَىٰ مُحَمَّدِ وَعَلَىٰ أَزْوَاجِهِ وَذُرِّيَّتِهِ، كَمَا صَلَّيْتَ عَلَىٰ آلِ إِبْرَاهِيمَ، وَبَارِكَ عَلَىٰ مُحَمَّدٍ وَعَلَىٰ أَزْوَاجِهِ وَذُرِّيَّتِهِ، كَمَا بَارَكْتَ عَلَىٰ آل إِبْرَاهِيمَ، إِنَّكَ حَميدٌ مَجيدٌ».

Allaahumma salil 'alaa Muhammadin wa 'alaa azwaajihi wa thur-riyatihi. kamaa sallaita 'alaa aali Ibraaheema. Wa baarik 'alaa Muham -madin wa 'alaa azwaajihi wa thur-riyatihi, kamaa baarakta 'alaa aali Ibraaheema. Innaka Hameedum-Maieed.

"Oh Allah, bestow Your favor on Muhammad and upon his wives and progeny as You have bestowed Your favor upon the family of Ibrahim. And bless Muhammad and his wives and progeny as You have blessed the family of Ibrahim, You are full of praise, Most Glorious". (Muslim, Book 004, Number 0807)

PROTECTION FROM SHAYTAAN

Waqul rabbi aAAoothu bika min hamazati alshshayateeni WaaAAoothu bika rabbi an vahdurooni

And say "O my Lord! I seek refuge with You from the whisperings (suggestions) of the Shayatin (devils) "And I seek refuge with You, My Lord! lest they should come near (Qur'aan: 23:97)

A'uthu bi kalimaatil-laahit-taam-maati min ghadhabihi wa 'igaabihi, wa sharri 'ibaadihi. wa min hama-zaatish-shavaateeni wa an vahdhuroon.

"I seek refuge in the Perfect Words of Allah from His anger and His punishment, from the evil of His slaves and from the taunts of devils and from their presence". (Abu Dawud, Book 28, Number 3884)

A'uthu bi kalimaatil-laahit-taammaati min sharri maa khalaga.

"I seek refuge in the Perfect Word of Allah from the evil of what He has created," (Muslim. Book 035, Number 6541)

رَبِّ أَوْزِعُنِى ۚ أَنْ أَشْكُرَ نِعُمَتَكَ ١٤٧ - «أُعِيذُكُمَا بِكَلِمَاتِ اللهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانِ وَهَامَّةٍ ، وَمِنْ كُلِّ عَيْنِ لَامَّةٍ».

U'eethukumaa bikalimaatil-laahit-taam-mati min kulli shaitaanin wa haam-matin, wa min kulli 'ainin laammatin.

"I seek protection for you in the Perfect Words of Allah from every devil and every beast, and from every envious blameworthy eye." (Bukhari, Volume 4, Book 55, Number 590)

"O Earth, your Lord and my Lord is Allah I (therefore) seek His protection from your mischief and the mischief of what He has created within you and the mischief of what walks on you. And! seek Allah's protection against lions, black cobras, snakes, scorpions. And I seek His protection from the inhabitants of this town and from every father and what he has sired".

(Abu Dawud, Book 14, Number 2597)

٨٦ - «اللَّهُمَّ عَالِمَ الْغَيْبِ وَالْشَهَادَةِ فَاطِرَ السَّمْوَاتِ وَالأَرْضِ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ، أَشْهَدُ أَنْ لَا إِلَـٰهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشِّيطَانِ وَشِرْكِهِ، وَأَنْ أَقْتَرِفَ عَلَىٰ نَفْسِي سُوءًا، أَوْ أَجُرَّهُ إِلى مُسْلِمِ»

Allaahumma 'Aalimal-ghaibi wash-shahaadati faatiras-samaa-waati wal-ardhi, Rabba kulli shai'in wa maleekahu, ash-hadu allaa ilaaha illa Anta, a'uthu bika min sharri nafsee, wa min sharrish shaitaan wa shirkihi, wa an aqtarifa 'alaa nafsee soo'an, aw ajurrahu ilaa Muslimin. "Oh Allah, Knower of the unseen and the evident, Maker of the heavens and the earth, Lord of everything and its Possessor, I bear witness that there is none worthy of worship but You. I seek refuge in you from the evil of my soul and from the evil of Satan and his helpers. (I seek refuge in You) from bringing evil upon my soul and from harming any Muslims".

(Abu Dawud. Book 41. Number 5065)

Qul aAAoothu birabbi alfalaqi. Min sharri ma khalaqa. Wamin sharri ghasiqin itha waqaba. Wamin sharri alnnaffathati fee alAAuqadi. Wamin sharri hasidin itha hasada.

Say: "I seek refuge with the Lord of the Dawn. From the evil of what He has created; From the evil of Darkness as it overspreads, From the evil of those who practise witchcrafts when they blow in the knots, And from the evil of the envier when he envies".

(Qur'aan: 113-1-5)

قُلُ أَعُوذُ بِرَبِّ ٱلنَّاسِ ﴿ مَلِكِ ٱلنَّاسِ ﴾ إِلَىهِ ٱلنَّاسِ ﴿ مِن شَرِّ النَّاسِ ﴿ مِن شَرِّ النَّاسِ ﴾ أَلُوسُواسِ ٱلنَّاسِ ﴾ مِن ٱلْجِنَّةِ وَٱلنَّاسِ ﴾ مَن ٱلْجِنَّةِ وَٱلنَّاسِ ﴾ وَٱلنَّاسِ ﴾

Qul aAAoothu birabbi alnnasi. Maliki alnnasi. Ilahi alnnasi. Min sharri alwaswasi alkhannasi. Allathee yuwaswisu fee sudoori alnnasi. Mina aljinnati wa alnnasi.

Say: "I seek refuge with the Lord and Cherisher of Mankind, The King (or Ruler) of Mankind, from the evil of the Whisperer (devil who whispers evil in the hearts of men) who withdraws (from his whispering in one's heart after one remembers Allah) who whispers into the hearts of Mankind,- among Jinns and among men". (Qur'aan: 114:1-6)

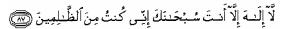
Whenever the Prophet (SAW) went to bed, he used to recite Surat-al-Ikhlas, Surat-al-Falaq and Surat-an-Nas and then blow on his palms and pass them over his face and those parts of his body that his hands could reach. And when he fell ill, he used to order Aisha (his wife) to do like that for him.

(Bukhari, Volume 7, Book 71, Number 644)

Whenever Allah (SWT)'s Apostle became ill, he used to recite the last two Surahs of the Qur'an and then blow his breath and passed his hand over himself.

(Bukhari, Volume 5, Book 59, Number 714)

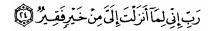
IN DISTRESS



La ilaha illa anta subhanaka innee kuntu mina alththalimeena

"There is no god but You: Glorified are You: Truly I have been of the wrongdoers!" (Qur'aan: 21:87)

This verse is known as Ayatul Karimah, the "glorious verse". This dua was recited by Prophet Yunus (pbh) when he found himself in the dark belly of a big fish, who swallowed him alive.



Rabbi innee lima anzalta ilayya min khayrin faqeerun

"O My Lord! Truly am I in (desperate) need of any good that You bestow on me!"

(Qur'aan: 28:24)

Prophet Musa (pbuh) was travelling to the dessert of Madyan and found some men were watering their animals and two women were standing helpless. Musa (pbuh) helped these women with water, and then returned to the shade of a tree. At this time, he made this dua. Allah (SWT) responded to this dua. As a result, one of these women came to him with an invitation from her old father. The old man was kind to Musa (pbuh), offered him shelter and gave one of the two daughters in marriage to Musa (pbuh).

فَاللَّهُ خَيْرُ حَفِظاً وَهُوَ أَرْحَمُ الرَّحِينَ ١

FaAllahu khayrun hafithan wahuwa arhamu alrrahimeena

"But Allah is the best to take care (of them), and He is the Most Merciful of those who show mercy!" (Qur'aan: 12:64)

Allaahumma innee a'uthu bika minal-hammi wal-hazani wal'ajzi wal-kasali wal-bukhli wal-jubni wa dhala'id-daini wa ghalabatir rijaali

"Oh Allah, I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people)" (Bukhari, Volume 8, Book 75, Number 380)

Rabbana ikshif AAanna alAAathaba inna muminoona

"Our Lord! remove the Penalty from us, for we do really believe!" (Qur'aan: 44:12)

Rabbana atina min ladunka rahmatan wahayyi lana min amrina rashadan

"Our Lord! bestow on us Mercy from Yourself, and dispose of our affair for us in the right way!" (Qur'aan: 18:10)

This dua was recited by the people of the cave, known as ashaabul kahf, when they heard the sound of advancing soldiers, while running away from the army of the cruel king, who wanted to kill them because they, as true believers, refused to worship idols.

Annee massaniya alddurru waanta arhamu alrrahimeena

"Truly distress has seized me, but You are the Most Merciful of those that are Merciful."

(Qur'aan: 21:83)

This dua was recited by Prophet Ayyub (pbuh). Allah (SWT) put him through severe trials by taking away his wealth, health and children. His father, a descendant of Ishaq, was a very rich man. Although poor health, disease and poverty made him weak and miserable, he never complained or showed despair. His patience and endurance became a byword for coming generations till now.

Page 9

ٱلَّذِينَ إِذَآ أَصَلِبَتُهُم مُّصِيبَةٌ قَالُوٓاْ إِنَّا لِلَّهِ وَإِنَّا إِلَيْهِ رَحِعُونَ ١

Allatheena itha asabathum museebatun qaloo inna lillahi wainna ilayhi rajiAAoona

Who say, when afflicted with calamity: "To Allah We belong, and to Him is our return".

(Our lant 2:45

(Qur'aan: 2:156)

Hasbuna Allahu waniAAma alwakeelu

"Allah is Sufficient for us, and He is the Best Disposer of affairs". (Qur'aan: 3:173)

١١٧ - «اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ، وَعَافِنِي فِيمَنْ عَافَيْتَ، وَتَوَلَّنِي فِيمَنْ عَافَيْتَ، وَتَوَلَّنِي فِيمَنْ تَوَلَّنِي فِيمَنْ عَافَيْتَ، فَإِنَّكَ تَقْضِي وَلَا تَوَلَّيْتَ، وَبَارِكْ لِي فِيمَا أَعْطَيْتَ، وَقِنِي شَرَّ مَا قَضَيْتَ، فَإِنَّكَ تَقْضِي وَلَا يُعْلَّضَىٰ عَلَيْكَ، إِنَّهُ لَا يَذِلُّ مَنْ وَالَيْتَ، [وَلَا يَعِزُّ مَنْ عَادَيْتَ]، تَبَارَكْتَ رَبَّنَا وَقَطَى عَلَيْكَ، إِنَّهُ لَا يَذِلُ مَنْ وَالَيْتَ، [وَلَا يَعِزُ مَنْ عَادَيْتَ]، تَبَارَكْتَ رَبَّنَا وَتَعَالَئتَ».

Allaahum-mandinee fiman hadaita, wa 'aafini fiman 'aafaita, wa tawal-lani fiman tawallaita, wa baarik lee fimaa a 'ataita, wa qinee sharra maa qadhaita, fa innaka taqdhee wa laa yuqdhaa 'alaika, innahu laa yathillu man waalaita, (walaa ya'izzu man 'aadaita), tabaarakta Rabbanaa wa ta 'aalaita.

"Oh Allah, guide me with those whom You have guided, and strengthen me with those whom You have given strength. Take me to Your care with those whom You have taken to Your care. Bless me in what You have given me. Protect me from the evil You have ordained. Surely You command and are not commanded, and none whom You have committed to Your care shall be humiliated (and none whom You have taken as an enemy shall taste glory). You are Blessed, Our Lord, and Exalted".

(Abu Dawud, Book 8, Number 1420)

La ilaha illal-lahu al-'Azim, al-Halim, la-ilaha il-lallah Rabul- Arsh-al-Azim, La ilaha-il-lallah Rabus-Samawati Rab-ul-Ard; wa Rab-ul-Arsh Al-Karim.

"There is none worthy of worship but Allah the Mighty, the Forbearing. There is none worthy of worship but Allah, Lord of the Magnificent Throne. There is none worthy of worship but Allah, Lord of the heavens and Lord of the earth, and Lord of the Noble Throne". (Bukhari, Volume 9, Book 93, Number 523 and Volume 8, Book 75, Number 356)

The Prophet (SAW) used to invoke Allah (SWT) at the time of distress. (Bukhari, Volume 8, Book 75, Number 357)

Allaahumma rahmataka arjoo falaa takilnee ilaa nafsee tarfata 'ainin, wa aslih lee sha'nee kullahu, laa ilaaha lila Anta.

"Oh Allah, I hope for Your mercy. Do not leave me to myself even for the blinking of an eye (i.e. a moment). Correct all of my affairs for me. There is none worthy of worship but You"

(Abu Dawud, Book 41, Number 5071)

Qala rabbi ohkum bialhaqqi warabbuna alrrahmanu almustaAAanu AAala ma tasifoona
Say: "O my Lord! judge Thou in truth!" "Our Lord Most Gracious is the One Whose
assistance should be sought against the blasphemies you utter!" (Qur'aan: 21:112)

Prophet Muhammad (SAW) made this dua. This dua confirms Allah (SWT) as the ultimate Judge of truth and that He alone will protect us against blasphemies uttered by non-believers.

GENERAL WELL BEING

Waqul rabbi adkhilnee mudkhala sidqin waakhrijnee mukhraja sidqin waijAAal lee min ladunka sultanan naseeran

Say: "O my Lord! Let my entry be by the Gate of Truth and Honour, and likewise my exit by the Gate of Truth and Honour; and grant me from Your Presence an authority to aid (me)."

(Qur'aan: 17:80)

"O Allah! I beg of You blessings of entering and leaving. With Allah's name do we enter and with Allah's name do we leave and upon Allah, our Lord do we rely."

(Abu Dawud, Book 41, Number 5077)

Page 11

١١٢ - «اللَّهُمَّ أَسْلَمْتُ نَفْسِي إِلَيْكَ، وَفَوَضْتُ أَمْرِي إِلَيْكَ، وَوَجَّهْتُ وَجْهِي إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ، رَغْبَةً وَرَهْبَةً إِلَيْكَ، لَا مَلْجَأَ وَلَا وَجْهِي إِلَيْكَ، وَأَلْجَأْتُ ظَهْرِي إِلَيْكَ، رَغْبَةً وَرَهْبَةً إِلَيْكَ، لَا مَلْجَأَ وَلَا مَنْجًا مِنْكَ إِلَا إِلَيْكَ، آمَنْتُ بِكِتَابِكَ الَّذِي أَنْزَلْتَ وَبِنَبِيِّكَ الَّذِي أَرْسَلْتَ».

"Allahumma aslamtu wajhi ilaika, wa fauwadtu amri ilaika, wa alja'tu Zahri ilaika raghbatan wa rahbatan ilaika. La Malja' wa la manja minka illa ilaika. Allahumma amantu bikitabika-l-ladhi anzalta wa bina-biyika-l ladhi arsalta"

"O Allah! I surrender to You and entrust all my affairs to You and depend upon You for Your Blessings both with hope and fear of You. There is no fleeing from You, and there is no place of protection and safety except with You O Allah! I believe in Your Book (the Qur'an) which You have revealed and in Your Prophet Muhammad (SAW) whom You have sent".

(Bukhari, Volume 1, Book 4, Number 247)

The Prophet (SAW) said "Whenever you go to bed perform ablution like that for the prayer, lie on your right side and say this dua, then if you die on that very night, you will die with faith (i.e. or the religion of Islam). (Bukhari, Volume 1, Book 4, Number 247)

Rabbana atina fid-dunya hasanatan wa fil 'akhirati hasanatan waqina 'adhaban-nar.

"Our Lord! Give us in this world that which is good and in the Hereafter that which is good, and save us from the torment of the Fire!" (Qur'aan: 2:201)

Allaahumma innee a'uthu bi ridhaaka min sakhatika, wa bi mu'aa-faatika min 'uqoobatika, wa a'uthu bika minka, laa uhsee thanaa'an 'alaika, Anta kamaa athnaita 'alaa nafsika. "O Allah, I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee from Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself."

(Muslim, Book 004, Number 0986)

Allaahuma ahyinee maa kaa na til hayaata khairan lee wa tawaffanee itha kaa na til wafaata khalran lee

"O Allah! Let me live as long as life is better for me, and take my life if death is better for me". (Bukhari, Volume 8, Book 75, Number 362)

٩٠ - «أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ للهِ رَبِّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ: فَتَحَهُ، وَنَصْرَهُ وَنُورَهُ، وَبَرَكَتَهُ، وَهُدَاهُ، وَأَعُوذُ بِكَ مِنْ شَرِّ ما فِيهِ وَشَرِّ مَا بَعْدَهُ».

Asbahnaa wa asbahal-mulku liilaahi Rabbil-'aalameen, Allaahumma unnee as'aluka khaira haathal-yawmi: Fat-hahu wa nasrahu wa noorahu, wa barakatahu, wa hudaahu, wa a 'uthu bika min sharri maa feehi wa sharri maa ba 'dahu.

"We have entered a new day and with it all the dominion which belongs to Allah, Lord of all that exists. Oh Allah, I ask You for the goodness of this day, its victory, its help, its light, its blessings, and its guidance. I seek refuge in You from the evil that is in it and from the evil that follows it".

(Abu Dawud, Book 41, Number 5065)

Allaahumma innee a'uthu bi ridhaaka min sakhatika, wa bi mu'aa-faatika min 'uqoobatika, wa a'uthu bika minka, laa uhsee thanaa'an 'alaika, Anta kamaa athnaita 'alaa nafsika. "O Allah, I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee from Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself."

(Muslim, Book 004, Number 0986)

Rabbi-ghfir-li Khati 'ati wa jahli wa israfi fi amri kullihi, wa ma anta a'lamu bihi minni. Allahumma ighfirli khatayaya wa 'amdi, wa jahli wa jiddi, wa kullu dhalika'indi. Allahumma ighrifli ma qaddamtu wa ma akhartu wa ma asrartu wa ma a'lantu. Anta-l-muqaddimu wa anta-l-mu'akh-khiru, wa anta 'ala kulli shai'in qadir.

"O Allah, forgive all my faults and sins. O Allah, grant me reverence, a pleasant life, lawful sustenance and guide me to do virtuous deeds and to have good character. Surely, none can guide to do good deeds and have good character except You and none can prevent from bad deeds and evil character except You". (Bukhari, Volume 8, Book 75, Number 407)

Radheetu bilaahi Rabban, wa bil-Islaami deenan, wa bi Muhammadin (Sallallaahu 'alaihi wa sallam) Nabiyyan.

"I am pleased with Allah as My Lord, with Islam as my religion and with Muhammad as my Prophet". (Abu Dawud, Book 41, Number 5054)

Page 13

ٱللَّهُ مِّرَاصِهُ لِي دِينِي الَّذِي هُوَعِصْمَةُ ٱمْرِیُ وَآصُرِ لِي كُذِيبَايَ الَّيَّىُ فِيهُامَعَا شِي وَاصِلِ لِي الْحِرَقِ الَّيِي فِيهَامَعَادِي وَالْجَعَلِ الْحَيْوَةُ ذِيْ لَدَةً فِي كُلِّ حَدْرٍ وَّاجْعَلِ الْمُوْتَ وَاحَةً لِي مِنْ كُلِّ مَسِيَّ

Allahumm-aslih li diniyalladhi huwa ismatu amri, wa aslih li dunyaya-llati fiha ma'ashi, wa aslih li akhirati-llati fiha ma'adi, waj`alil-hayata ziyadatan li fi kulli khair, waj`alil-mauta rahatan li min kulli sharrin

"O Allah, set aright my religious life which is a safeguard in all my affairs, set aright my wordly life which is a source of my maintenance, set aright my life of the hereafter unto which I am bound to return, and make my life a source of earning more and more good and make my death a refuge against all troubles."

(Muslim, Book 035, Number 6565)

تَتِ اَعِرَىٰ وَلَا تَعِنَ عَلَيْ وَالْعُرُفِى وَكَا تَنْصُرْعَكَى ، وَالْمُكُرُ فِي وَكَا تَمْصُرُ عَلَى ، وَالْصُرُونَ عَلَى وَلَا تَمْسُكُرُ فِي وَكَا تَمْسُكُرُ وَلَا تَمْصُرُ وَلَا الْصَارِقَ وَلَا الْصَلَاعَ اللّهِ الْمُعَلِّعَ اللّهِ الْمُعَلِّعَ اللّهِ اللّهَ اللّهَ اللّهَ اللّهَ اللّهَ اللّهَ اللّهُ الللّهُ اللّهُ اللّه

"Lord, do help me and do not help anyone else against me, grant me success and do not enable my enemy to get the better of me, do support me by Your hidden manoeuvring and do not favour my opponents in similar manner against me; grant me guidance and make it easy for me to pursue the right path and help me in the event of an enemy rising against me. My Lord," grant me that I remember and remain grateful to You intensely and/ear and obey You thoroughly and make me one who supplicates to You profoundly and make me one who is obedient to You and make me one who contemplates about You with incessant tears and devotion. My Lord, accept my repentance, wash off my sins, grant my prayer, strengthen my argument, straighten my speech, guide my heart aright and quench its irritation". (Abu Dawud, Book 8, Number 1505)

ٱللَّهُ مَّرَاقِّ اَعُوْدُ بِكَ مِنْ عِلْمٍ لَاَ يَنْفَعُ وَمِنْ قَلْبٍ لَاَ يَغْفَعُ وَمِنْ نَفْسٍ لَا كَشْسَعُ وَمِنْ دُعَاءٍ لَا يُسْسَعُ ٱللَّهُ حَرَانُى اَعُوْدُ بِكَ مِنْ هُؤُلآ إِلاَرْ بَعِ

"O Allah, I seek your protection from useless knowledge, from a heart which is not disposed to fear you, from insatiable desire, from a prayer which is not answered and I seek Your protection from all the four said evils."

(Abu Dawud, Book 8, Number 1543)

ٱللَّهُ مَّرَ ٱلِقْ بَيْنَ فَلُوبِ مَا وَأُصْلِحُ ذَاتَ بَيْنِنَا وَاهْدِ نَاسُبُلَ السَّلامِ وَيَعِنَّا مِنَ الظُّلُمَاتِ إِلَّى النُّونِ وَجَنِّبُنَا الْفَوَاحِشَ مَاظَهَ رَمِنْهَا وَمَا بَطَنَ وَرَادِكُ لَنَافِي ٱسْمَاعِنَاوَ إِنْصَارِنَاهِ وَقُلُونِكَ وَأَزُوا حِنَالُهُ وَدُرٌ مَا مِنَالُهُ مُنْ عَلَيْنَا اللَّهُ أَنْسَالِتُوَّاتُ الرَّحِيْهُ وَاخْعَلْنَا شَاكِرِيْنَ لِنِعْمَتِكَ مُثْنِيْنَ بِهِكَا، قَالِلُهُ عَلَيْهُ أَتْهُ فَاعَلَيْنَا .

"O Allah, unite our hearts and set aright our mutual affairs, guide us to the path of peace, liberate us from darkness by Your light, save us from obscene practices whether hidden or open, bless us in our ears, eyes, hearts, wives and children and accept our repentance; verily You are Oft-returning, Merciful; and grant us that we may be grateful to You and full of praise for You for Your bounty and that we may welcome it and be pleased to fulfill Your bounty for us". (Abu Dawud, Book 3, Number 0964)

> الْهُ حَرَانْ اعْوَدُرِيكَ مِنَ الْجُوعِ فَانَّهُ بِنِّسَ الطَّعِيْعُ وَاعُودُ بِكَ مِنَ الْحِيَانَةِ فَانَعَا بِلْشَرَتِ الْسَطَانَةُ مُ

"O Allah, I seek Your protection from acute hunger, for it is an evil companion and from dishonesty as it indicates a bad nature." (Abu Dawud, Book 8, Number 1542)

> ٧ َ اِللهُ إِنَّ النَّهُ لَا تَعْمِيْكَ لَكَ سُبْحَ النَّ اللّٰهُ وَإِنْ اَسْتَغْفِرُكَ لَا اللّٰهُ وَإِنْ اَسْتَغْفِرُكَ اللّٰهُ وَأَنْ اللّٰهُ وَإِنْ عِلْمَا وَلاَ تَرِعُ فَلَيْ تَعْمَدُ أَذَ هَدَرُنَذُ وَهَ إِنْ مِنْ لَكُنْكَ مَحْمَةً إِنَّكَ آمُتُ الْوَهَابُ.

"None is worthy of worship besides You. You have no partner. You are Pure. O Allah! I seek forgiveness from You for my sins and I seek Your mercy. O Allah! Increase me in my knowledge and let not my heart deviate after You have guided me and grant me special mercy from Your presence for You are the one who grants bounties without measure". (Abu Dawud, Book 41, Number 5043)

> ٱللَّهُ مِّرِانِّي أَعُودُ بِكَ مِنْ ثُمُنْكُواتِ الْاحْفَلَاقِ وَالْحَصْمَالِ وَالْكِهْمَاءِ وَالْأَدُولَاءِ

"O Allah, I seek your protection from vicious manners and actions, evil desire and diseases." (Abu Dawud, Book 8, Number 1549)

اللُّهُ عَرَاقٌ ، مَسْأَ لُكَ الْهُدِي وَالنُّقِلْ وَالْعَفَاتَ وَالْغِسِينَ

"O Allah. I beg of You guidance, piety, chastity and independence (from your creation)."

(Muslim, Book 035, Number 6566)

عَامَىٰ ٱلوَّسُولُ بِمَاۤ أَخِزِلَ إِلَيْهِ مِن رَّبِّهِۦ وَٱلْمُؤُمِنُونَۚ كُلُّ عَامَىٰ بَاللَّهِ وَمَلَتَهِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ لَا نُفَرِّقُ بَيْنَ أَحَدٍ مِّن رُسُلِهِ ۚ وَقَالُواْ سَبِعْنَا

Amana alrrasoolu bima onzila ilavhi min rabbihi waalmuminoona kullun amana biAllahi wamalaikatihi wakutubihi warusulihi la nufarrigu bayna ahadin min rusulihi waqaloo samiAAna waataAAna ghufranaka rabbana wailayka almaseeru La yukallifu Allahu nafsan illa wusAAaha laha ma kasabat waAAalavha ma iktasabat

"The Messenger believes in what has been revealed to him from his Lord, as do the believers. Each one (of them) believes in Allah, His Angels, His Books, and His Messengers. "We make no distinction (they say) between one and another of His Messengers." And they say: "We hear, and we obey: (We seek) Your Forgiveness, our Lord, and to You is the return (of all)." (Qur'aan: 2-285)

> لَا تُكَلِّفُ ٱللَّهُ نَفُسًا الَّا وُسُعَفاًّ لَقامَا كَسَبَتْ وَعَلَيْقامَا ٱكْتَسَبَتُّ ، تَنَا لَا تُؤَاخِذُنَا إِن نَّسِيناً أَوْ أَخُطَأُنَا وَهَنا وَلَا تَحْمِلُ عَلَيْنَا إِصْرًا كَمَا حَمَلُقَهُ عَلَى ٱلَّذِينَ مِن قَبْلِنَا ۚ رَبَّنَا وَلَا تُحَمِّلُنَا مَا لَا طَاقَهَ لَنَا بِهِۦۗ وَٱعْفُ عَنَّا وَٱغْفِر لَنَا وَٱرْحَمُنَاۚ أَنتَ مَوۡلَٰنَا فَٱنصُرُنَا عَلَى ٱلۡقَوۡمِ ٱلۡكَنفِرِينَ 🔊

La yukallifu Allahu nafsan illa wusAAaha laha ma kasabat waAAalayha ma iktasabat rabbana la tuakhithna in naseena aw akhtana rabbana wala tahmil AAalavna isran kama hamaltahu AAala allatheena min qablina rabbana wala tuhammilna ma la taqata lana bihi waoAAfu AAanna waighfir lana wairhamna anta mawlana faonsurna AAala algawmi alkafireena

"On no soul does Allah place a burden greater than it can bear. It gets every good that it earns, and it suffers every ill that it earns. (Pray:) "Our Lord! Condemn us not if we forget or fall into error: our Lord! Lay not on us a burden Like that which You did lay on those before us; Our Lord! Lay not on us a burden greater than we have strength to bear. Blot out our sins, and grant us forgiveness. Have mercy on us. You are our Protector: Help us against those who stand against faith". (Qur'aan: 2:286)

The Prophet (SAW) said, "It is sufficient for one to recite the last two Verses of Surat-al-Baqara (2:285-286) at night." (Bukhari, Volume 5, Book 59, Number 345)

«سُنْحَانَ الله، وَالْحَمْدُ لله، وَاللهُ أَكْبَرُ»

Subhaan Allaahi, Wal hamdu Lillaahi, Wallaahu Akbar

"Allah is Glorified, The praise is for Allah, Allah is the Greatest"

The Prophet (SAW) then said, "Shall I not tell you of a thing which is better for you than a servant? When you (both) go to your beds, say 'Allahu Akbar' thirty-four times, and 'Subhan Allah' thirty-three times, 'Alhamdu 'illah' thirty-three times, for that is better for you than a servant." Ibn Sirin said, "Subhan Allah' (is to be said for) thirty-four times."

(Bukhari, Volume 8, Book 75, Number 330)

«سُبْحَانَ اللهِ وَبِحَمْدِهِ سُبْحَانَ اللهِ الْعَظِيمِ»

Subhaan Allaahi wa bi hamdihi, Subhaan Allaahil Adheem

"Glorified is Allah and praised is He, Glorified is Allah the Most Great".
(Bukhari, Volume 8, Book 75, No. 415)

The Prophet (SAW) said, "There are two expressions which are very easy for the tongue to say, but they are very heavy in the balance and are very dear to The Beneficent (Allah), and they are, 'Subhan Allah Al-'Azim and 'Subhan Allah wa bihamdihi." (Bukhari, Volume 8, Book 75, No. 415)

The Prophet (SAW) said, "Whoever says, 'Subhan Allah wa bihamdihi,' one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea. (Bukhari, Volume 8, Book 75, Number 414)

"O Allah, I seek Your protection from obstinacy, hypocrisy and all bad manners."
(Abu Dawud, Book 8, Number 1541)

AYAT-UL-KURSI

Allahu la ilaha illa huwa alhayyu alqayyoomu la takhuthuhu sinatun wala nawmun lahu ma fee alssamawati wama fee alardi man tha allathee yashfaAAu AAindahu illa biithnihi yaAAlamu ma bayna aydeehim wama khalfahum wala yuheetoona bishayin min AAilmihi illa bima shaa wasiAAa kursiyyuhu alssamawati waalarda wala yaooduhu hifthuhuma wahuwa alAAaliyyu alAAatheemu

"Allah. There is no god but He, the Ever Living, the One Who sustains and protects all that exists. Neither slumber nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is on the earth. Who is he that can intercede with Him except with His Permission? He knows what happens to them (His creatures)in this world, and what will happen to them in the Hereafter. And they will never compass anything of His Knowledge except that which He wills. His Throne extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them for He is the Most High, the Most Great".

The Prophet (SAW) said, "Whenever you go to your bed, recite the Verse of "Al-Kursi" (2.255) for then a guardian from Allah (SWT) will be guarding you, and Satan will not approach you till dawn". (Bukhari, Volume 4, Book 54, Number 495)

Page 17

SEEKING KNOWLEDGE AND WISDOM

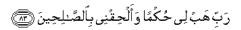
وَقُلرَّبِ زِدْنِي عِلْمَالِيُ

Rabbi zidnee ilma

"My Lord! Increase me in knowledge".

(Qur'aan: 20:114)

This dua is taught by Muhammad (SAW) by Allah (SWT) Himself. The verse relates to an instruction not to hasten with Qur'aan before it is completely revealed. While revelation of the Qur'aan was incomplete, our Prophet (SAW) was instructed to make this dua. In our situation, when our knowledge is limited about Qur'aan, we should always make this dua to understand Qur'aan more.



Rabbi hab lee hukman waalhignee bialssaliheena

"My Lord! Bestow wisdom on me, and join me with the righteous". (Qur'aan: 26:83)

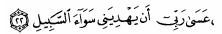
Prophet Ibrahim (pbuh) made this dua. Ibrahim (pbuh) was making dawah to his father Azar and his people. The people were disbelievers. Ibrahim (pbuh) while explaining to the people about the truth and benefits of obeying Allah (SWT), made this dua. This dua stresses that our knowledge should guide us to be righteous. We are to be righteous, not blindly, but based on sound knowledge and wisdom.

SEEKING GUIDANCE



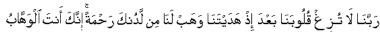
Lain lam yahdinee rabbee laakoonanna mina alqawmi alddalleena

"Unless my Lord guide me, I shall surely be among those who go astray". (Qur'aan: 6.77)



AAasa rabbee an vahdivanee sawaa alssabeeli

"I do hope that my Lord will show me the smooth and straight Path." (Qur'aan: 28.22)



Rabbana la tuzigh quloobana baAAda ith hadaytana wahab lana min ladunka rahmatan innaka anta alwahhabu

"Our Lord! Let not our hearts deviate (from the truth) after You have guided us, but grant us mercy from You. You are the Grantor of bounties without measure".________(Qur'aan: 3:8)

SEEKING PROTECTION

فَاطِرَ ٱلسَّمَوَتِ وَٱلْأَرْضِ أَنصَ وَلِصِّ وَلِسَيِّ فِسَى السَّعِ فِسَى السَّعِ فِسَى السَّعِ فِسَاءَ وَالْفَيْ فَالْمِنْ السَّعِ فَالْمِنْ السَّعِ فَالْمِنْ السَّعِ فَالْمِنْ السَّعِ فَالْمِنْ السَّعِ فَالْمِنْ السَّعْ فَالْمُنْ فَالْمُ

Fatira alssamawati waalardi anta waliyyee fee alddunya waalakhirati tawaffanee (Musliman waalhignee bialssaliheena

"You Creator of the heavens and the earth! You are my Protector in this world and in the Hereafter. Take You my soul (at death) as one submitting to Your will (as a (Muslim), and unite me with the righteous." (Qur'aan: 12:101)

Prophet Yusuf (peace be upon him) made this dua after he became the ruler of Egypt, and he met with his parents. The parents prostrated to Allah (SWT) and Yusuf (peace be upon him) realised his dream of eleven stars and the sun and the moon making obeisance to Allah (SWT).

Allaahumma innee a'uthubika an adhilla, aw udhalla, aw azilla, aw uzalla, aw adhlima, aw udhlama, aw ajhala aw yujhala 'alayya.

"Oh Allah, I seek refuge in You lest I misguide others, or I am misguided by others, lest I cause others to err or I am caused to err, lest I abuse others or be abused, and lest I behave foolishly or meet with the foolishness of others".

(Abu Dawud, Book 41, Number 5075)

Allaahumma innee as'alukal- 'afwa wal- 'aafiyata fid-dunya wal- aakhirati Allaahumma innee as'alukal- 'afwa wal 'aafiyata: Fee deenee wa dunyayaa wa ahlee, wa maalee, Allaahum-mastur 'auraatee, wa aamin rau'aatee, Allaahum-mahfadhni min baini yadayya, wa min khalfee, wa 'an yameenee, wa 'an shimaalee, wa min fawqee, wa a'uthu bi'adhamatika an ughtaala miii tahtee

"Oh Allah, I seek Your forgiveness and Your protection in this world and the next. Oh Allah, I seek Your forgiveness and Your protection in my religion, in my worldly affairs, in my family and in my wealth. Oh Allah, conceal my secrets and preserve me from anguish. Oh Allah, guard me from what is in front of me and behind me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me".

(Abu Dawud, Book 41, Number 5056)

Page 19

إِنَّ وَلِيِّىَ ٱللَّهُ ٱلَّذِي نَزَّلَ ٱلْكِتَنبَ وَهُوَ يَتَوَلَّى ٱلصَّلِحِينَ سَ

Inna waliyyiya Allahu allathee nazzala alkitaba wahuwa yatawalla alssaliheena "For my Protector is Allah, Who revealed the Book (from time to time), and He will choose and befriend the righteous". (Qur'aan: 7:196)

اَلَّهُ مَّرَانِيْ اَعُودُيكَ مِنَ الْهَدُمِ وَاعُودُ بِكَمِنَ التَّرَدِي وَ اللَّهُ مَرِ الْعُودُ بِكَمِنَ التَّرَدِي وَ اللَّهُ مَرْ الْعُودُ بِكَ مِنَ الْغُرْقِ وَالْهَرَ وِوَاعُودُ بِكَ النَّ يَكُ الْمُدُنِ وَالْهَرَ وَاعُودُ بِكَ مِنَ النَّكُ مُلْ اللَّهُ مُنْ اللَّهُ مِنْ اللَّهُ مُنْ اللَّهُ مِنْ اللَّهُ مُنْ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ مُنْ اللَّهُ اللَّهُ مُنْ اللَّهُ مُنْ اللَّهُ اللَّلِي اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللْمُ اللَّهُ اللَّهُ اللِهُ اللِي اللَّهُ اللْمُنْ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللْمُنْ اللَّهُ اللَّهُ اللْمُنْ الْمُنْ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّلِمُ اللْمُنْ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللْمُنْ اللْمُنْ اللَّلِمُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللَّهُ اللْمُنْ اللَّلِمُ اللْمُولِي اللْمُنْ اللَّهُ اللَّهُ اللْمُنْ اللِلْمُ اللَّ

"O Allah, I seek Your protection from being buried alive (under the debris of a building falling down) and from falling down (from the roof of a building), from being drowned and from being burnt, and from evil old age; and I pray to be saved from the deceit of the devil at the time of death, from dying in holy war with my back to the enemy (i.e. while I am fleeing from battle) and from death caused by the biting of venomous animals".

(Abu Dawud, Book 8, Number 1547)

َرَبِّ لَـو شِـئَتَ أَهُلَكُـتَهُم مِّـن قَبُـلُ وَإِيَّــِى أَ أَتُهُلِكُنَا بِمَا فَعَلَ ٱلسُّفَهَآءُ مِنَّآ إِنْ هِىَ إِلَّا فِتُنَتُكَ تُضِلُّ بِهَا مَن تَشَآءُ وَتَهُدِى مِن تَشَآءً أَنتَ وَلِيُّنَا فَاعُفِر لَنَا وَٱرْحَمْنَا ۖ وَأَنتَ خَـيْرُ ٱلْغَنفِرِينَ

Rabbi law shita ahlaktahum min qablu waiyyaya atuhlikuna bima faAAala alssufahao minna in hiya illa fitnatuka tudillu biha man tashao watahdee man tashao anta waliyyuna faighfir lana wairhamna waanta khavru alqhafireena

"O my Lord! If it had been Your will You could have destroyed, long before, both them and me: would You destroy us for the deeds of the foolish ones among us? This is no more than Your trial: By it You cause whom You will to stray, and You lead whom You will unto the right path. You are our Protector: so forgive us and give us Your mercy; for You are the best of those who forgive.

(Qur'aan: 7:155)

During the absence of Prophet Musa (pbuh), the Israelites took a calf as an object of worship. When Musa (pbuh) returned to his people, he was angry and sad at this development. Then Musa (pbuh) selected 70 men of unsound faith for Allah (SWT)'s tryst. These people of dubious faith were overtaken by an earthquake. At that time Musa (pbuh) made this dua to rescue the people who were not at fault.

SEEKING PATIENCE AND PERSEVERANCE

Rabbana afrigh AAalayna sabran watawaffana (Muslimeena

"Our Lord! pour out on us patience and constancy, and cause us to die as (Muslims". (Qur'aan: 7:126)

Wama lana alla natawakkala AAala Allahi waqad hadana subulana walanasbiranna AAala ma athaytumoona waAAala Allahi falyatawakkali almutawakkiloona

"No reason have we why we should not put our trust on Allah. Indeed He Has guided us to the Ways we (follow). We shall certainly bear with patience all the hurt you may cause us. For those who put their trust should put their trust on Allah." (Qur'aan: 14:12)

SEEKING HEALTH

ٱللَّهُ عَلَائِقَ قَلْبُى نُوْمَا الَّقِّىٰ لِسَانِى نُوْرًا وَّاجْعَلْ فِى سَمِّمَى نُهُرًا وَّاجْعَلُ فِى بَصَرِى نُوْرًا وَاجْعَلُ مِنْ خَلِقَ نُوْرًا وَّمِنْ اَمَامِى نُوْرًا وَّ اجْعَلْ مِنْ فَوْقِ نُوْرًا وَّمِنْ خَيْمَ نُوْرًا اللَّهُ قَاعُطِينْ نُوْرًا.

Allaahummaj'al fee qalbee nooran, wa fee lisaanee nooran, waj'al fee basaree nooran, waj'al min khalfee nooran, wa min amaamee nooran,waj'al min fauqee nooran, wa min tahtee nooran. Allaahum-ma a'tinee nooran.

"Oh Allah, place light in my heart, and on my tongue, in my ears, in my eyes, and shed it at the back of me, in front of me, above me and beneath me. O Allah! Grant me light".

(Bukhari, Volume 8, Book 75, Number 328)

ٱللَّهُ مَّرِانِّ ٱعُوْدُيكَ مِنْ شَرِّ مَمْ فِي وَمِنْ شَرِرِّ بَمَرِي وَمِنْ اللَّهُ مَرِيَّ مَرِي وَمِنْ اللهُ وَمِنْ شَرِّرِ مَرِيقِيْ وَمِنْ شَرِّرِ مَرِيقِيْ .

"O Allah, I seek Your protection from the mischief of my ears, eyes, tongue, heart and semen" (i.e. sexual passion). (Abu Dawud, Book 8, Number 1546)

Page 21

«اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الكُفْرِ، وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنَ الكُفْرِ، وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ» (ثَلَاثَ مَرَّاتٍ)

Allaahumma 'aafinee fee badanee, Allaahumma 'aafinee fee sam'ee, Allaahumma 'aafinee fee basaree, laa ilaaha lila Anta. Allaahumma innee a'uthu bika minal-kufri wal-faqri wa a 'uthu bika min 'athaabil-qabri laa ilaaha illa Anta.

"Oh Allah, make me healthy in my body. Oh Allah, preserve for me my hearing. Oh Allah, preserve for me my sight. There is none worthy of worship but You. Oh Allah, I seek refuge in You from disbelief and poverty and I seek refuge in You from the punishment of the grave. There is none worthy of worship but You". (Abu Dawud, Book 41, Number 5071)

Adhhibal-bas, Rabb-annaas, ishfi wa Anatal Shaafi, la shaafi illa anta

"Remove all harm, O the Lord of the people! Give cure for You are the Curer. There is none that gives cure except you." (Bukhari, Volume 7, Book 70, Number 579)

Waqihimu alssayyiati waman taqi alssayyiati yawmaithin faqad rahimtahu wathalika huwa alfawzu alAAatheemu

"And preserve them from (all) ills; and any whom You do preserve from ills that Day, on them will You have bestowed Mercy indeed: and that will be truly (for them) the highest Achievement". (Qur'aan: 40:9)

Allâthi-Khâlâqâni-Fâhowâ-Yâhdeen. Wallathi HowâYutCimoni Wayâsqeen. Wa'itha-Mâridtô-Fâhowâ-Yâshfeen. Wâllâthi-YumeetoniThummâ-Yôhyeen. Wâllâthi-Atmâ ô-Ay-Yâghfira-Li-Khâtee'âtiYâwmâd-din

"Who created me, and It is He who guides me; Who gives me food and drink, And when I am ill, It is He who cures me; Who will cause me to die, And then to live (again); And who, I hope, Will forgive me my faults On the Day of Judgment". (Qur'aan: 26:78)

SEEKING WEALTH

وَٱللَّهُ خَيْرُ ٱلرَّازِقِينَ ٣

WaAllahu khayru alrraziqeena

"Allah is the Best to provide (for all needs)".

(Qur'aan: 62:11)

Inna alfadla biyadi Allahi yuteehi man yashao waAllahu wasiAAun AAaleemun

"All bounties are in the hand of Allah. He grants them to whom He pleases, And Allah cares for all, and He knows all things." (Qur'aan: 3:73)

Allahumma rabbana anzil AAalayna maidatan mina alssamai takoonu lana AAeedan liawwalina waakhirina waayatan minka waorzugna waanta khayru alrraziqeena

"O Allah our Lord! Send us from heaven a table set (with viands), that there may be for usfor the first and the last of us - a solemn festival and a sign from You, and provide for our sustenance, for you are the best Sustainer (of our needs)". (Qur'aan: 5:114)

WHEN TRAVELLING

Subhanalla-thee sakh-khara-lana haatha wa-ma kun-na lahoo muqrineena wa inna ila Rabbina la-mun-qali-boon.

"Glory be to Him (Allah) Who has brought this (vehicle) under our control though we were unable to control it. Sure, we are to return to our Lord". (Qur'aan: 43:13)

Waith qala ibraheemu rabbi ijAAal hatha baladan aminan waorzuq ahlahu mina alththamarati man amana minhum biAllahi waalyawmi alakhiri qala waman kafara faomattiAAuhu qaleelan thumma adtarruhu ila AAathabi alnnari wabisa almaseeru

And remember Abraham said: "My Lord, make this a City of Peace, and feed its people with fruits,-such of them as believe in Allah and the Last Day." He said: "(Yea), and such as reject Faith, for a while will I grant them their pleasure, but will soon drive them to the torment of Fire, an evil destination (indeed)!" (Qur'aan: 2:126)

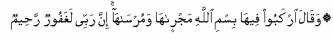
Page 23

ٱللَّهُ عَلِنَّا مَنْ مُلُكِ فِي سَفَرِنَا هُ نَ الْبِرَّ وَالتَّفُوى وَمِنَ الْعَمَلِ مَا تَرْضُ ٱللَّهُ عَرِّضَةِ نَ عَلَيْمُ نَاسَفَرَنَا هُ نَ وَالْمِوعَنَّا الْهُ دَهُ وَاللَّهُ عَرَائُهُ عَلَا اللَّهُ عَ فِالسَّفَرَةَ الْخَلِيفَةُ فِي لَا هُلِ اللَّهُ عَلِ إِنَّ آعُونُ وَلِكَ مِنْ تَعْتَلَوْ السَّفَي وَالسَّفَي وَكَانِهُ وَالْمَالِ وَأَلْا هُلِ وَالْوَلِدِ -

Allaahumma innaa nas'aluka fee safarinaa hathal-birra wat-taqwaa, wa minal-'amali maa tardhaa, Allaahumma hawwin 'alainaa safaranaa haatha watwi 'annaa bu'dahu, Allaahumma Antassaahibu fis-safari wal-khaleefatu fil-ahli, Allaahumma innee a'uthu bika min wa'thaa 'is-safari wa kaabatil mandhari, wa soo'il mungalabi fil-maali wal-ahli

"Oh Allah, we ask you on this our journey for goodness and piety, and for works that are pleasing to You. Oh Allah lighten this journey for us and make its distance easy for us. Oh Allah, You are our Companion on the road and the One in Whose care we leave our family. Oh Allah, I seek refuge in you from this journey's hardships, and from the wicked sights in store and from finding our family and property in misfortune upon returning."

(Muslim, Book 007, Number 3113)





Waqala irkaboo feeha bismi Allahi majraha wamursaha inna rabbee laghafoorun raheemun So he said: "Embark ye on the Ark, In the name of Allah, whether it move or be at rest! For my Lord is, be sure, Oft-Forgiving, Most Merciful!"

(Qur'aan: 11:41)

Prophet Nuh (pbuh) made this dua after he loaded a pair of animals in his ark, except his unbelieving son. This dua helped Nuh (pbuh), the believers and the necessary animals in the Ark sail through the deluge till the water subsided.

Waith qala ibraheemu rabbi ijAAal hatha albalada aminan waojnubnee wabaniyya an naAAbuda alasnama

"O my Lord! Make this city one of peace and security: and preserve me and my sons from worshipping idols". (Qur'aan:14:35)

This is the dua of Prophet Ibrahim (pbuh), which he recited to bring peace to the city of Makkah and to keep him and his descendants safe from worshipping any other god except the one and only Allah (SWT).

WEARING NEW GARMENT

Allahumma lakal hamdu kama kasauw- tanihi, as-aluka khayrahu wa-khayra ma-suni'a lahu waa'u- dhu bika min sharrihi wa-sharri ma-suni'a lahu.

"Oh Allah, all praise and thanks to You for clothing me with this (garment). I ask You for the good of it and the good of what it was made for, and I ask Your protection from the evil of it and the evil of what it was made for."

(Abu Dawud Book 32, Number 4009: Tirmidhi (59) Hadith Number 7)

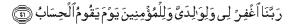
DUAS FOR SPEECH

Qala rabbi ishrah lee sadree. Wayassir lee amree, Waohlul AAugdatan min lisanee, Yafgahoo gawlee

"Oh My Lord! Open for me my chest (grant me self-confidence, contentment, and boldness). And ease my task for me; And loose the knot (the defect) from my tonque, That they may understand my speech" (Qur'aan: 20:26)

Prophet Musa (pbuh) made this dua while proceeding to the court of Firawn for the arguments. In this dua, there is a request to increase one's knowledge base - an important requirement for arguments. The second request is to remove physical limitations or limitation of resources. The third request is to allow him make lucid, easy to understand arguments. As we know, Musa (pbuh) was successful in the Firawn's court and the wise men in the court had accepted the truth.

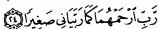
DUAS FOR PARENTS



Rabbana ighfir lee waliwalidayya walilmumineena yawma yagoomu alhisabu

"O our Lord! Forgive me and my parents, and (all) Believers, on the Day that the Reckoning will be established!" (Qur'aan: 14:41)

This is a dua made by Prophet Ibrahim (pbuh). He had offered this dua for protection from Hellfire. This is an extraordinary dua where Ibrahim (pbuh) is not only asking for him and his parents, but for all the believers. This should be an example for us to include other believers in our duas so that Allah (SWT) grants His mercy to all Muslims.



Rabbi irhamhuma kama rabbayanee sagheeran

"My Lord! Bestow on them Your Mercy as they did bring me up when I was young." (Qur'aan: 17:24)

Page 25

رَبِّ أَوْ زَعْنِينَ أَنْ أَشُكُرَ نِعُمَتَكَ ٱلَّتِينَ أَنْعَمُتَ عَلَيَّ وَعَلَىٰ وَالدَيَّ وَأَنْ أَعْمَلَ صَلِحًا تَرْضَدهُ وَأَصْلِحُ لِي فِي ذُرِّيَّتِيٌّ إِنِّي تُبُتُ إِلَيْكَ وَإِنِّي مِنَ ٱلْمُسُلِمِينَ ۞

Rabbi awziAAnee an ashkura niAAmataka allatee anAAamta AAalayya waAAala walidayya waan aAAmala salihan tardahu waaslih lee fee thurriyyatee innee tubtu ilayka wainnee mina al(Muslimeena

"O My Lord! grant me that I should be grateful for Your favor which You have bestowed on me and my parents, and that I should do good such as You are pleased and do good to me in respect of my offspring; surely I turn to You, and truly I submit (to You) in Islam."

Rabbi iqhfir lee waliwalidayya waliman dakhala baytiya muminan walilmumineena waalmuminati wala tazidi alththalimeena illa tabaran

"O my Lord! Forgive me, my parents, all who enter my home as a believer, and (all) believing men and believing women; and to the wrong-doers grant You no increase but destruction!" (Qur'aan: 71:28)

DUAS FOR OFFSPRING



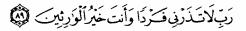
Rabbi hab lee mina alssaliheena

"O my Lord! Grant me (offspring) from the righteous"

رَبُّنَا وَٱجْعَلْنَا مُسْلِمَيْن لَكَ وَمِن ذُرِّيَّتِنَّا أُمَّةً مُسْلِمَةً لَّكَ وَأُرِنَا مَناسِكَنَا وَثُبُ عَلَيْنَا إِنَّكَ أَنتَ ٱلنَّوَّابُ ٱلرَّحِيمُ 蹶

Rabbana waiiAAalna (Muslimavni laka wamin thurrivyatina ommatan (Muslimatan laka waarina manasikana watub AAalavna innaka anta alttawwabu alrraheemu

"Our Lord! Make of us (Muslims, bowing to Your (Will), and of our offspring a nation submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage - Hajj and Umrah) and accept our repentance. Truly You are the One Who accepts repentance, the Most Merciful". (Qur'aan: 2:128)



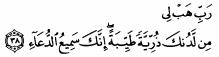
Rabbi la tatharnee fardan waanta khayru alwaritheena

"O My Lord! Leave me not childless, though You are the Best of the inheritors,"

Page 26

(Qur'aan: 21:89)

(Qur'aan: 37:100)



Rabbi hab lee min ladunka thurriyyatan tayyibatan innaka sameeAAu aldduAAai
"O my Lord! Grant unto me a good offspring. You are indeed the All-Hearer of dua!"
(Qur'aan: 3:38)

Prophet Zakariya (pbuh) made this dua. Maryam was entrusted with Zakariya as a guardian. When Maryam grew up in purity and devoutness, Zakariya longed for such a child for himself, a child who would be pure, virtuous and honourable as Maryam.

Wainnee khiftu almawaliya min waraee wakanati imraatee AAaqiran fahab lee min ladunka waliyyan

"Now I fear (what) my relatives (and colleagues) (will do) after me: but my wife is barren: so give me an heir as from Yourself". (Qur'aan 19:5)

Rabbi iiAAalnee muqeema alssalati wamin thurrivvatee rabbana wtaqabbal duAAai

"O my Lord! Make me one who establishes Prayer (Iqamat-as-Salat) and also (raise such) among my offspring O our Lord! And accept our dua". (Qur'aan: 14:40)

As a parent of Ismail and Ishaq, Prophet Ibrahim (pbuh) supplicated to Allah (SWT) to make him steadfast in his Salaat. He also asked to make his offspring steadfast in their Salaat.

DUAS FOR FINDING A SUITABLE SPOUSE

Subhana allathee khalaqa alazwaja kullaha mimma tunbitu alardu wamin anfusihim wamimma la yaAAlamoon**a**

"Glory to Allah, Who created in pairs all things that the earth produces, as well as their own (human) kind and (other) things of which they have no knowledge". (Qur'aan: 36:36)

Page 27

DUAS FOR SPOUSES

Qul in kuntum tuhibboona Allaha fa**i**ttabiAAoonee yuhbibkumu Allahu wayaghfir lakum thunoobakum wa**A**llahu ghafoorun raheem**un**

Say: "If you do love Allah, Follow me: Allah will love you and forgive you your sins: For Allah is Oft-Forgiving, Most Merciful." (Qur'aan: 3:31)

Inna allatheena amanoo waAAamiloo alssalihati sayajAAalu lahumu alrrahmanu wuddan

"On those who believe and work deeds of righteousness, will (Allah) Most Gracious bestow love". (Qur'aan: 19:96)

Rabbana hab lana min azwajina wathurriyyatina qurrata aAAyunin waijAAalna lilmuttaqeena imaman

"Our Lord! Bestow on us wives and offspring who will be the comfort of our eyes, and make us leaders of the Muttaqun (the righteous)." (Qur'aan: 25:74)

Waallafa bayna quloobihim law anfaqta ma fee alardi jameeAAan ma allafta bayna quloobihim walakinna Allaha allafa baynahum innahu AAazeezun hakeemun

"And (moreover) He has put affection between their hearts: not if you had spent all that is in the earth, could You have produced that affection, but Allah has done it: for He is Exalted in might, Wise" (Qur'aan: 8:63)

AT BEGINNING OF SEXUAL INTERCOURSE

Bismillah, Allahumma jannibna-sh-shaitan, wa jannibi-sh-shaitan ma razaqtana "In the name of Allah. O Allah! Protect us from Satan and also protect what you bestow upon us".

(Bukhari, Volume 8, Book 75, Number 397)

SORTING OUT DIFFERENCES

ءَامَنتُ بِمَآ أَنزَلَ ٱللَّهُ مِن كِتَنبٍ وَأُمِرْتُ لِأَعْدِلَ بَيْنَكُمُ ۖ ٱللَّهُ رَبُّنَا وَرَبُّكُمُ ۖ لَنَآ أَعْمَنلُنَا وَلَكُمْ أَعْمَنلُكُمُ لا حُجَّةَ بَيْنَنَا وَبَيْنَكُمُ ۖ ٱللَّهُ يَجْمَعُ بَيْنَنَا ۗ وَإِلَيْهِ ٱلْمَصِيرُ

Amantu bima anzala Allahu min kitabin waomirtu liaAAdila baynakum Allahu rabbuna warabbukum lana aAAmaluna walakum aAAmalukum la hujjata baynana wabaynakumu Allahu yajmaAAu baynana wailayhi almaseeru

"I believe in the Book which Allah has sent down; and I am commanded to judge justly between you. Allah is our Lord and your Lord: for us (is the responsibility for) our deeds, and for you for your deeds. There is no despute between us and you. Allah will bring us together, and to Him is (our) Final Goal". (Qur'aan: 42:15)

AAasa Allahu an yajAAala baynakum wabayna allatheena AAadaytum minhum mawaddatan waAllahu qadeerun waAllahu ghafoorun raheemun

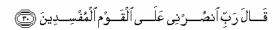
"It may be that Allah will grant love (and friendship) between you and those whom you (now) hold as enemies. For Allah has power (over all things); And Allah is Oft-Forgiving, Most Merciful". (Qur'aan: 60:7)

SEEKING VICTORY OVER ENEMIES

Walamma barazoo lijaloota wajunoodihi qaloo rabbana afrigh AAalayna sabran wathabbit aqdamana waonsurna AAala alqawmi alkafireena

"Our Lord! Bestow on us patience and set firm our feet and make us victorious over the disbelieving people". (Qur'aan: 2:250)

When Talut (Saul) marched with his soldiers to confront Jalut (Goliath), the small force of Talut including Dawud made this dua. Jalut's army was larger than Talut's. But on Talut's side was Allah (SWT) since Talut was marching to establish a kingdom in the name of Allah (SWT). In the war, Talut's forces fought with the authority of Allah (SWT), in a response to this dua. Dawud killed Jalut, and Allah (SWT) gave Dawud the kingdom and wisdom.



Qala rabbi onsurnee AAala algawmi almufsideena

"O my Lord! Help You me against people who do mischief!"

(Qur'aan: 29:30)

Page 29

Wama kana qawlahum illa an qaloo rabbana ighfir lana thunoobana waisrafana fee amrina wathabbit aqdamana waonsurna AAala alqawmi alkafireena

"Our Lord! Forgive us our sins and our transgressions (in keeping our duties to You), establish our feet firmly, and give and give us victory against those who deny the truth".

(Qur'aan: 3:147)

Allaahumma munzilal-kitaabi, saree'al-hisaabi ihzimil-ahzaaba, Allaahumma ihzimhum wa zalzilhum.

"Oh Allah, Revealer of the Book, Swift to account, defeat the groups (of disbelievers). Oh Allah, defeat them and shake them". (Bukhari, Volume 9, Book 93, Number 581)

SEEKING FORGIVENESS

Allatheena yaqooloona rabbana innana amanna faighfir lana thunoobana waqina AAathaba alnnari

"Our Lord! We have indeed believed: forgive us our sins, and save us from the punishment of the Fire" (Qur'aan: 3:16)

Rabbana ighfir lana waliikhwanina allatheena sabaqoona bialeemani wala tajAAal fee quloobina ghillan lillatheena amanoo rabbana innaka raoofun raheemun

"Our Lord! Forgive us, and our brethren who came before us into the Faith, and put not in our hearts any hatred against those who have believed. Our Lord! You are indeed full of Kindness, Most Merciful." (Qur'aan: 59:10)

Wagul rabbi ighfir wairham waanta khavru alrrahimeena

So say: "O my Lord! grant You forgiveness and mercy for You are the Best of those who show mercy!" (Qur'aan: 23:118)

رَبَّنَا لَا تَجْعَلُنَا فِتُنَةً لِّلَّذِينَ كَفَرُواْ وَٱغُفِرُ لَنَا رَبَّنَا ۗ إِنَّكَ أَنتَ ٱلْعَزِيرُ ٱلْحَكِيمُ ۞

Rabbana la tajAAalna fitnatan lillatheena kafaroo waighfir lana rabbana innaka anta alAAazeezu alhakeemu

"Our Lord! Make us not a (test and) trial for the disbelievers, but forgive us, our Lord! Verily, You, only You, are the All-Mighty, the All-Wise." (Qur'aan: 60:5)

Rabbana faighfir lana thunoobana wakaffir AAanna sayyiatina watawaffana maAAa alabrari

"Our Lord! Forgive us our sins, blot out from us our iniquities, and take to Yourself our souls in the company of the righteous". (Qur'aan: 3:193)

Rabbana AAalayka tawakkalna wailayka anabna wailayka almaseeru

"Our Lord! In You we have placed our trust, and to You do we turn in repentance, for unto You is the end of all journeys". (Qur'aan: 60:4)

Qala rabbana thalamna anfusana wain lam taghfir lana watarhamna lanakoonanna mina alkhasireena

"Our Lord! We have wronged our own souls: If you forgive us not and bestow not upon us Your Mercy, we shall certainly be lost". (Qur'aan: 7:23)

Qala rabbi innee aAAoothu bika an asalaka ma laysa lee bihi AAilmun wailla taghfir lee watarhamnee akun mina alkhasireen**a**

Noah said: "O my Lord! I do seek refuge with You, lest I ask You for that of which I have no knowledge. And unless You forgive me and have Mercy on me, I should indeed be lost!" (Qur'aan: 11:47)

Prophet Nuh (pbuh) had requested Allah (SWT) to save his sinner son at the tie of Great Deluge on the pretext of he being a member of his family. He had made this request out of fatherly love for his son. But the son being a sinner and rejector of faith, was not to be saved. Allah (SWT) admonishes Nuh (pbuh) not to ask about which he has no knowledge. This dua is to be made to show humility in our mind and seek forgiveness and guidance from Allah (SWT).

Page 31

٧٧- «اللَّهُمَّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ، اللَّهُمَّ اللَّهُمَّ نَقْنِي مِنْ خَطَايَايَ، كَمَا يُنَقَّىٰ النَّوْبُ الأَبْيَضُ مِنَ الدَّنَسِ، اللَّهُمَّ اغْسِلْنِي مِنْ خَطَايَايَ بِالثَّلْجِ وَالْمَاءِ وَالْبَرَدِ».

Allahumma, ba'id baini wa baina khatayaya kama ba'adta baina-l-mashriqi wa-l-maghrib. Allahumma, naqqim min khatayaya kama yunaqqa-ththawbu-l-abyadu mina-ddanas. Allahumma, ighsil khatayaya bil-ma'i wa-th-thalji wal-barad

"Oh Allah, separate me from my sins as You have separated the East from the West. Oh Allah, cleanse me of my transgressions as the white garment is cleansed of stains. Oh Allah, wash away my sins with ice and water and frost".

(Bukhari, Volume 1, Book 12, Number 711)

Allahumma aghfirlee maa qaddamtu, wa maa akhkhartu, wa maa asrartu, wa maa a'lantu wa maa anta a'lamu bi hi inni laa ilaaha illa Anta.

"Oh Allah, forgive me for those sins which I have already committed and which I may commit and which I have committed secretly or openly and those which You know more than me; there is none worthy of worship except You". (Abu Dawud, Book 7, Number 1405)

Allaahum -magh fir lee thanbee kuliahu, diqqahu wa jillahu, wa awwalahu wa aakhirahu wa 'alaaniyatahu wa sirrahu.

"Oh Allah, forgive me all my sins, great and small, the first and the last, those that are apparent and those that are hidden". (Muslim, Book 004, Number 0980)

Allaahumma innee dhalamtu nafsee dhulman katheeran, wa laa yaghfiruth-thunooba illa Anta, faghfir lee magh-firatan min 'indika warhamnee innaka Antal-Ghafoorur-Raheem.

"Oh Allah, I have greatly wronged myself and no one forgives sins but You. So grant me forgiveness and have mercy on me. Surely You are Forgiving, Merciful".

(Bukhari, Volume 1, Book 12, Number 796)

Allaahum-maghfirlee warhamnee walhignee bir-Rafeegila'laa.

"Oh Allah, forgive me and have mercy upon me and join me with the Most High Companion (i.e. Allah Himself)". (Bukhari, Volume 7, Book 70, Number 578)

٨٠ (اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَفْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَىٰ عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُودُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِيغْمَتِكَ عَلَىْ، وَأَبُوءُ بَذُنْبِي فَاغْفِر لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ».

'Allahumma anta Rabbi la ilaha illa anta, Anta Khalaqtani wa ana abduka, wa ana 'ala ahdika wa wa'dika mastata'tu, A'udhu bika min Sharri ma sana'tu, abu'u Laka bini'matika 'alaiya, wa Abu Laka bidhanbi faqhfirli innahu la yaqhfiru adhdhunuba illa anta."

"Oh Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You".

(Bukhari, Volume 8, Book 75, Number 318)

The Prophet (SAW) said "The most superior way of asking for forgiveness from Allah (SWT) is this dua. If somebody recites it during the day with firm faith in it, and dies on the same day before the evening, he will be from the people of Paradise; and if somebody recites it at night with firm faith in it, and dies before the morning, he will be from the people of Paradise. (Bukhari, Volume 8, Book 75, Number 318)

Allaahum-maghfir lihayyinaa, wa mayyitinaa, wa shaahidinaa, wa ghaa-'ibinaa, wa sagheerinaa wa kabee-rinaa, wa thakarinaa wa unthaanaa. Allaahumma man ahyaitahu minnaa fa ahyihi 'alallslaami, wa man tawaf-faytahu minnaa fatawaffahu 'alal-imaani, Allaahumma laa tahrimnaa afrahu wa laa tudhillanaa ba' dahu.

"Oh Allah forgive our living and our dead, those who are with us and those who are absent, our young and our old, our menfolk and our womenfolk. Oh Allah, whomever you give life from among us give him life in Islam, and whomever you take way from us take him away in Faith. Oh Allah, do not forbid us their reward and do not send us astray after them". (Abu Dawud, Book 20, Number 3195)

Allahumma anta Rabbi la ilaha illa anta, Anta Khalaqtani wa ana abduka, wa ana 'ala ahdika wa wa'dika mastata'tu, A'udhu bika min Sharri ma sana'tu, abu'u Laka bini'matika 'alaiya, wa Abu Laka bidhanbi faghfirli innahu la yaghfiru adhdhunuba illa anta.

"O Allah! You are my Cherisher. There is no deity except You. You have created me and I am Your servant and as far as possible, I abide by my solemn promise and covenant (which I made to You). I seek Your protection against the consequences of my wrongdoings I fully acknowledge the grace You have bestowed upon me and! confess my faults. So pardon me as none besides You can pardon sins".

(Bukhari, Volume 8, Book 75, Number 318)

Page 33

PROTECTION FROM TRIALS OF THE HEREAFTER

Waallatheena yaqooloona rabbana isrif AAanna AAathaba jahannama inna AAathabaha kana dharaman

"Our Lord! Avert from us the Wrath of Hell, for its Wrath is indeed an affliction grievous -Evil indeed is it as an abode, and as a place to rest in". (Qur'aan: 25:65)

Rabbana wasiAAta kulla shayin rahmatan waAAilman faighfir lillatheena taboo waittabaAAoo sabeelaka waqihim AAathaba aljaheemi

"Our Lord! You comprehend all things in Mercy and Knowledge. Forgive, then, those who turn in Repentance, and follow Your Path; and save them from the torment of the Blazing Fire!" (Qur'aan: 40:7)

Rabbana waadkhilhum jannati AAadnin allatee waAAadtahum waman salaha min abaihim waazwajihim wathurriyyatihim innaka anta alAAazeezu alhakeemu

"And grant, our Lord! that they enter the Gardens of Eternity, which You hast promised to them, and to the righteous among their fathers, their wives, and their posterity! For You art (He), the Exalted in Might, Full of Wisdom". (Qur'aan: 40:8)

Allaahumma innee a'uthu bika min athaabil-qabri, wa min 'athaabi jahannama, wa min fitnatil-mahyaa wal-mamaati, wa min sharri fitnatil-maseehid-dajjaal.

"Oh Allah, I seek refuge in You from the punishment of the grave, and from the punishment of Hell-fire, and from the trials of life and death, and from the evil of the trial of Dajjaal". (Bukhari, Volume 6, Book 60, Number 230)

TAHAJJUD PRAYER

را) الله عَرَاكَ الْحَمْدُ الْمُتَ قَيِّعُ السَّمُواتِ وَالْارْضِ وَمَنْ فِيْهِنَ وَلِكَ الْحَدُنُ وَلِكَ الْحَدُنُ وَلِكَ الْحَدُنُ وَلِكَ الْحَدُنُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ الْمُتَ وَلِكَ الْحَدُنُ الْفَتَ الْحَدُنُ وَوَعَنُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ الْفَتَ الْحَدُنُ وَوَعَلُ اللّهُ اللّهُ اللّهُ وَلَكَ الْحَدُنُ وَلَكَ الْحَدُنُ وَلَا اللّهُ وَالْحَدُنُ وَالْحَدُنُ وَالْحَدُنُ وَالْحَدُنُ اللّهُ وَالْمَلْكُ وَالْمَلْكُ اللّهُ وَالْمَلْكُ وَالْمَلْكُ وَالْمَلْكُ وَالْمَلْكُ وَالْمَلُكُ وَالْمَلْكُ وَالْمُلْكُ وَالْمُلْكُ وَالْمُلْكُ وَالْمَلْكُ وَالْمَلْكُ وَالْمُلْكُ وَالْمُلْلُهُ وَالْمُلْكُ وَالْمُلْكُ وَالْمُلْلُهُ وَالْمُلْلُولُ وَلَا مُنْ وَمِنْ وَمَا الْمُعْلِمُ وَالْمُعُلِيلُ وَالْمُلْكُ وَالْمُلْكُ وَلِمُ اللّهُ اللّهُ وَالْمُلْلِكُ وَلَالْمُ وَالْمُلْلُكُ وَلَالْمُ اللّهُ اللّه

Allahumma lakal-hamd. Anta qaiyimus-samawati wal-ard wa man fihinna. Walakal-hamd, Laka mulkus-samawati wal-ard wa man fihinna. Walakal-hamd, anta nurus-samawati wal-ard. Walakalhamd, anta-l-haq wa wa'duka-l-haq, wa liqa'uka Haq, wa qualuka Haq, wal-jannatu Han wan-naru Haq wannabiyuna Haq. Wa Muhammadun, sallal-lahu'alaihi wasallam, Haq, was-sa'atu Haq. Allahumma aslamtu Laka wabika amantu, wa 'Alaika tawakkaltu, wa ilaika anabtu wa bika khasamtu, wa ilaika hakamtu faghfir li ma qaddamtu wama akh-khartu wama as-rartu wama'a lantu, anta-l-muqaddim wa anta-l-mu akh-khir, la ilaha illa anta (or la ilaha ghairuka).

"O Allah! All the praises are for you, You are the Holder of the Heavens and the Earth, And whatever is in them. All the praises are for You; You have the possession of the Heavens and the Earth And whatever is in them. All the praises are for You; You are the Light of the Heavens and the Earth And all the praises are for You; You are the King of the Heavens and the Earth; And all the praises are for You; You are the Truth and Your Promise is the truth, And to meet You is true, Your Word is the truth And Paradise is true And Hell is true And all the Prophets (Peace be upon them) are true; And Muhammad is true, And the Day of Resurrection is true. O Allah! I surrender (my will) to You; I believe in You and depend on You. And repent to You, And with Your help I argue (with my opponents, the non-believers) And I take You as a judge (to judge between us). Please forgive me my previous And future sins; And whatever I concealed or revealed And You are the One who make (some people) forward And (some) backward. There is none to be worshipped but you. Sufyan said that 'Abdul Karim Abu Umaiya added to the above, 'Wala haula Wala quwata illa billah' (There is neither might nor power except with Allah)".

(Bukhari Volume 2. Book 21. Number 221)

ISTIKHARAH PRAYER

٧٥ - «اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنْكَ تَقْدِرُ وَلَا أَقْدِرُ، وَتَعْلَمُ، وَلَا أَعْلَمُ، وَأَنْتَ عَلَّمُ الْغُيُوبِ، اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ - خَيْرٌ لِي فِي دِينِي وَمَعَاشِي الْغُيُوبِ، اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ - خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي - عَاجِلِهِ وَآجِلِهِ - فَاقْدُرْهُ لِي وَيسِّرُهُ لِي ثُمَّ بَارِكُ لِي فِيهِ، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الأَمْرَ شَرُّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي عَاجِلِهِ وَآجِلهِ - فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ وَاقْدُرْ لِيَ الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي وَآجِلهِ - فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ وَاقْدُرْ لِيَ الْخَيْرَ حَيْثُ كَانَ ثُمَّ أَرْضِنِي بِهِ».

Allaahuma innee astakheeruka bu-ilmika, wa astaqdiruka biqudra-tika, wa as'aluka min fadhlikal - Adheem, fa innaka taqdiru wa laa aqdiru, wa ta'lamu, wa laa a'lamu, wa Anta 'Allaamul Ghuyoobi; Allaahumma in kunta ta 'lamu anna haathal-amra,- — (then mention the thing to be decided) Khairun lee fee deenee wa ma'aashee wa 'aaqibati amree — (or say)— Aajilihi wa aajilihi. Faqdurhu lee wa yassirhu lee thumma baarik lee feehi wa in kunta ta'lamu anna haathal-amra sharrun lee fee deenee wa ma'aashee wa 'aaqibati amree — (or say) — 'Aajilihi wa aajilihi. Fasrifhu 'annee wasrinee 'anhu waqdur liyal-khaira haithu kaana thumma ardhinee bihi.

"Oh Allah, I seek the counsel of Your knowledge, and I seek the help of Your omnipotence and I beseech You for Your magnificent grace. Surely You are Capable and I am not. You know and I know not, and You are the Knower of the unseen. Oh Allah, if You know that this matter (then mention the thing to be decided) is good for me in my religion and in my life and for my welfare in the life to come, — (or say: in this life and the afterlife) — then ordain it for me and make it easy for me, then bless me in it. And if You know that this matter is bad for me in my religion and in my life and for my welfare in the life to come, — (or say: in this life and the afterlife) then distance it from me, and distance me from it, and ordain for me what is good wherever it may be, and help me to be content with it."

(Bukhari Volume 2, Book 21, Number 263)

The Prophet (SAW) taught the way of doing Istikhara (Istikhara means to ask Allah (SWT) to guide one to the right sort of action concerning any job or a deed), in all matters He said, "If anyone of you thinks of making any decision he should offer a two Rakat prayer other than the compulsory ones and recite this dua after the prayer.